

<u>Dist</u>	<u>Start</u>	<u>Name</u>	<u>Cert Code</u>	<u>Race City</u>	<u>Race Director</u>	<u>Email</u>	<u>Phone</u>
<u>March 2014</u>							
1	5K	11:00 AM		BEAT THE CHILL	Kingston, RI	ANN MURPHY	wmurphy17@cox.net 401-789-0860
29	.5 mi	9:00 AM		KIDS' ST. JOSEPH'S	Baltic, CT	GLEN COSTELLO	rungdc@aol.com 860-886-2828
29	3 Mi	9:30 AM		ST. JOSEPH'S OF BAL TIC	Baltic, CT	GLEN COSTELLO	rungdc@aol.com 860-886-2828
<u>April 2014</u>							
5	5K	9:00 AM		COLONEL CLASSIC 5K	Ledyard, CT	ERIK PERSON	don@ledyardrec.org 860-642-1901
6	5K	10:00 AM	CT10027JHP	GREAT STRIDES	Waterford, CT	KERRY GRILLO SELTZER	grillq@sbcglobal.net 860-608-8176
12	5K	10:00 AM	CT13001JHP	SALEM ROAD RACE	Salem, CT	SKIP STANGLAND	skip.stang@comcast.net 860-859-2840
12	1-MI	9:00 AM		SALEM CHILDREN'S MILE	Salem, CT	RICK KONON	r-kon@sbcglobal.net 860-537-4597
13	5K, 5M	11:00 AM		CLAMDIGGER	Westerly, RI	JEFF WALKER	jeffrey.walker@cox.net 401-447-1879
19	3.5 Mi	9:30 AM		CKMS PTO 3.5M TRAIL RACE	Groton, CT	Petricia Weaver	petriciasweaver@gmail.com 860-912-8232
22	5K	6:00 PM		DONAHUE MEMORIAL 5K	Pawcatuck, CT	MARY LYNNE DONAHUE	mldonahue1963@yahoo.com 860-213-1974
26	5K	9:00 AM		URI GRADUATE 5K	Kingston, RI	KYLE SCULLY	krscull62@gmail.com 508-498-7306
27	5K	10:00 AM		FLANDERS 5K	East Lyme, CT	MICHAEL MCDOWELL	mmcdowell@eltonhall.com 860-739-6788
<u>May 2014</u>							
3	5K	10:00 AM		JOG WITH JUDY	Woodstock, CT	SUSAN RIOUX	jogwithjudy@woodstockschoo.ls. 860-963-6575
10	10K	1:00 PM		SHAD BLOOM TRAIL RACE	Block Island, RI	ROB CLOSTER	recreation@new-shoreham.com 401-466-3223
16	50	6:00 PM		HERSHEY TRACK MEET	New London, CT	KERRY SULLIVAN	ksullivan@waterfordct.org 860-444-5881
17	3.425	9:30 AM	CT09010JHP	RIVERFRONT RUN	Groton, CT	SUSAN CORRICE	suecorrice@comcast.net 860-445-8151
18	5K	1:30 PM	CT10021JHP	QUAKER HILL CHALLENGE	Quaker Hill, CT	Amy STEPHENSON	Amy Stephenson
24	4 Mi	9:00 AM	CT09025JHP	DELANEY DASH	Old Saybrook, CT	KAREN SHORT	pvolkmar@snet.net 860-437-7247
26	5K	10:00 AM		MYSTIC BEARATHON	Mystic, CT	SANDRA LACOMBE	slacombe@stoningtonschools.org 860-287-0549
30	7.4 &	6:00 PM		TWILIGHT TRAIL RUN	Groton, CT	KURT HANSEN	kahmystic@hotmail.com 860-536-0060
<u>June 2014</u>							
1	5K	10:00 AM		LIONS RUN	Montville, CT	TIFFANY WILLIAMS	tiffany@ctmetrocast.net 860-848-8735
7	5K	10:00 AM		PAWCATUCK LIONS 5K	Pawcatuck, CT	MELANIE DIAMANTI	melanie.diamanti@pfizer.com 860-501-3239
12	5K	7:00 PM		ST. CATHERINE'S	Preston, CT	RON PICCOLI	rpiccoli@comcast.net 860-887-2163
13	10K	6:00 PM	CT10018JHP	NIANTIC BAY 10K	Niantic, CT	CATHY ROBBINS	robbinsct@comcast.net 860-912-0206
14	5K	10:00 AM	CT10006JHP	TOUR de NOANK 5K	Groton, CT	BEN MORSE	bmorse@groton-ct.gov 860-536-5680
14	1K	9:30 AM		TOUR de NOANK 1K	Groton, CT	BEN MORSE	bmorse@groton-ct.gov 860-536-5680
21	1 Mi	10:00 AM		LOU DEPINA 1-MILER	Taftville, CT	AL PHILLIPS	ajphillipsjr@comcast.net 860-908-6882
26	1 Mi	7:00 PM	CT95004DR	CANNONBALL RUN	Preston, CT	TIM KANE	tkkane@comcast.net 860-823-1422
27	1 Mi	6:00 PM		NICK BOTTONE TRACK MILE	Stonington, CT	JEFF WALKER	jeffrey.walker@cox.net 401-447-1879
<u>July 2014</u>							
13	5K	9:15 AM		CHARTER OAK SAILFEST 5K	New London, CT	MEGAN CRONIN	MCronin@chamberect.com 860-701-9113
19	5K	9:00 AM	CT13012JHP	WILL'S WAY	Plainfield, CT	CHRIS MESSIER	chris@willsway5k.com 860-428-0993
26	1 Mi	10:00 AM		GREENVILLE MILE	Norwich, CT	RAY GUILLET	rayguillet@att.net 860-303-0344
28	5K	5:00 PM		ROBBIE'S RUN	Mashantucket, CT	WAY HEDDING	wayhedding@att.net 860-739-9927
<u>August 2014</u>							
2	11.6 Mi	9:00 AM		OCEAN BEACH (FREE)	New London, CT	WAY HEDDING	wayhedding@att.net 860-739-9927
9	5 Mi	9:05 AM	CT10047JHP	DEARY MEMORIAL	Putnam, CT	PAT HEDENBERG	phedenberg@daykimball.org 860-928-7141
10	5 Mi	8:25 AM		WATERFORD WEEK	Waterford, CT	KERRY SULLIVAN	ksullivan@waterfordct.org 860-444-5881
17	13.1 MI	8:00 AM	CT13038JHP	BRISTOL HALF MARATHON	Bristol, CT	KATE LANESSEY	klanesity@kreedlaw.com 860-583-4800
19	5K	6:15 PM	CT11022JHP	BATTLE OF STONINGTON	Stonington, CT	STEPHEN BESSETTE	stephenbessette@gmail.com 860-460-1544
24	5K	10:00 AM		RUN FOR THE TROOPS	North Kingstown, RI	JAMIE MORE	jammoo1230@yahoo.com 401-451-0261
29	5K	6:00 PM	RI07008RN	SCHONNING 5K	Westerly, RI	POLLY CHORLTON	pchorlton@oceancommunitymca 401-596-2894
<u>September 2014</u>							
6	15K	1:30 PM		RUN AROUND the BLOCK	Block Island, RI	KATHY SZABO	bichamber@yahoo.com 800-383-2474
12	3 mi	6:00 PM		STAVROS BEACH RUN (FREE)	Westerly, RI	JEFF WALKER	jeffrey.walker@cox.net 401-447-1879
12	5K	6:00 PM		RAINBOW RUN	Niantic, CT	MICHAEL MCDOWELL	mmcdowell@eltonhall.com 860-739-6788
13	5K	8:30 AM		KNIGHTS OF COLUMBUS	Quaker Hill, CT	DAVID BLAIR	dablair62@gmail.com 860-439-0336
14	8 Mi	9:00 AM		TRAILS TO A CURE	Chester, CT	LAURIE TOMLINSON	laurie.tomlinson@wfdadvisors.com 860-526-2240
20	5K	9:00 AM		RHYTHM RUN	Colchester, CT	MARTIN LANE	5krhythmrn@comcast.net 860-303-0710
27	5K	10:00 AM		ST. MICHAEL SCHOOL 5K	Pawcatuck, CT	LINDA CUNNINGHAM	wolverinewoman@gmail.com 860-495-5293
27	10K	4:00 PM		MDR 10K	Groton, CT	Amby Burfoot	amburf@gmail.com 860-245-5959
<u>October 2014</u>							
4	1 Mi	9:30 AM		SACRED HEART DASH	Taftville, CT	GLEN COSTELLO	rungdc@aol.com 860-886-2828
5	1-Mi	1:00 PM		STRIDES 1-Mi FUN RUN & WALK	Waterford, CT	MEGAN HORAN	mhoran@thearcnl.org 860-889
5	10K	10:00 AM		STRIDES 10K ROAD RACE	Waterford, CT	MEGAN HORAN	mhoran@thearcnl.org 860-889
5	5K	11:30 AM		STRIDES 5K ROAD RACE	Waterford, CT	MEGAN HORAN	mhoran@thearcnl.org 860-889

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18	5K	9:00 AM	RUN FOR THE PENGUINS		Mystic, CT	TRACY ROMANO	tromano@searesearch.org	860-527-5955,
19	5K	11:00 AM	RUN FOR THE PUMPKINS	RI07007RN	Westerly, RI	PAUL DUFFY	pduffy@westerly.org	401-348-2784
25	5 &	10:00 AM	MXCC \$CHOLARSHIP RUNS		Middletown, CT	TRENTON WRIGHT	TWright@mxcc.comnet.edu	860-343-5708
26	.75 Mi	11:45 AM	COLUMBIA AUTUMN KIDS RUN		Columbia, CT	ALYSON CRANICK	columbiaautumnclassic@gmail.	860-228-1530
26	5K	12:30 PM	COLUMBIA AUTUMN CLASSIC	CT03010DR	Columbia, CT	ALYSON CRANICK	columbiaautumnclassic@gmail.	860-228-1530
<u>November 2014</u>								
2	5K	10:00 AM	WOLVERINES X-COUNTRY		Lisbon, CT	LAURIE LABOSSIERE	llabossiere@griswoldpublicschool	860-208-9910
8	4.75 Mi	10:00 AM	EBAC FALL CHALLENGE		New London, CT	PETE VOLKMAR	pvolkmar@snet.net	860-437-7247
9	5K	1:00PM	SETTING THE PACE		Westerly, RI	KELLY PRESLEY	EXECDIR@WESTERLYLANDTR	401-315-2610
16	8 Mi	11:00 AM	LI'L RHODY RUNAROUND		Charlestown, RI	JEFF WALKER	jeffrey.walker@cox.net	401-447-1879
22	5K	9:30 AM	HIGH SCHOOL TURKEY TROT	CT10027JHP	Waterford, CT	ERICA BAUMGARTNER	ebaumgartner@waterfordschools.	571-225-1411
29	5K	1:30 PM	TURKEY TROT		Block Island, RI	KATHY SZABO	bichamber@yahoo.com	800-383-2474
<u>December 2014</u>								
7	5.2 Mi	11:00 AM	PEARL HARBOR MASTER'S		Waterford, CT	KERRY SULLIVAN	ksullivan@waterfordct.org	860-444-5881