

| <u>Dist</u> | <u>Start</u> | <u>Name</u> | <u>Race City</u> | <u>Race Director</u> | <u>Email</u> | <u>Phone</u> |
|-----------------------|--------------|-------------|------------------------|----------------------|------------------|--|
| <u>May</u> 2021 | | | | | | |
| 1 | 1-MI | 8:30 AM | LIKETY SPLIT MILE | SPRAGUE, CT | GLEN COSTELLO | rungdc@aol.com 860-886-2828 |
| 1 | .5 MI | 9:00 AM | KIDS' ST. JOSEPH'S | SPRAGUE, CT | GLEN COSTELLO | rungdc@aol.com 860-886-2828 |
| 1 | 3 MI | 9:30 AM | ST. JOSEPH'S OF BALTIC | SPRAGUE, CT | GLEN COSTELLO | rungdc@aol.com 860-886-2828 |
| <u>June</u> 2021 | | | | | | |
| 11 | 10K | 6:00 PM | NIANTIC BAY | NIANTIC, CT | MICHAEL MCDOWELL | mmcdowell@eltownhall.com 860-739-5828 |
| 12 | 5K | 10:00 AM | TOUR DE NOANK | GROTON, CT | BEN MORSE | bmorse@groton-ct.gov 860-536-5680 |
| 17 | 5K | 7:00 PM | ST. CATHERINE'S | PRESTON, CT | RONALD PICCOLI | rpicolli@comcast.net 860-887-2163 |
| <u>July</u> 2021 | | | | | | |
| 11 | 5K | 9:00 AM | SAILFEST 5K | NEW LONDON, CT | JEFF ANDERSON | jeff@kelley spacemystic.com 860-536-8175 |
| <u>August</u> 2021 | | | | | | |
| 7 | 13.1 MI | 8:00 AM | OCEAN BEACH | NEW LONDON, CT | WAY HEDDING | wayhedding@att.net 860-739-9927 |
| 17 | 5K | 6:15 PM | BATTLE OF STONINGTON | STONINGTON, CT | JEFF ANDERSON | jeff@kelley spacemystic.com 860-536-8175 |
| <u>September</u> 2021 | | | | | | |
| 10 | 5K | 6:00 PM | RAINBOW RUN | NIANTIC, CT | MICHAEL MCDOWELL | mmcdowell@eltownhall.com 860-739-5828 |
| 18 | 5K | 10:00 AM | SALEM ROAD RACE | SALEM, CT | SKIP STANGLAND | skip.stang@comcast.net 860-859-2840 |
| 25 | 1 MI | 9:30 AM | DASH TO HEAVEN | TAFTVILLE, CT | GLEN COSTELLO | rungdc@aol.com 860-886-2828 |
| <u>October</u> 2021 | | | | | | |
| 16 | 5K | 10:00 AM | BOARDWALK | NIANTIC, CT | MICHAEL MCDOWELL | mmcdowell@eltownhall.com 860-739-5828 |
| 23 | 5K | 10:00 AM | JOG WITH JUDY | WOODSTOCK, CT | MELISSA JAMESON | jameson2205@yahoo.com 860-942-9815 |
| 30 | 4 MI | 9:00 AM | DELANEY DASH | OLD SAYBROOK, CT | KAREN SHORT | pvolkmar@snet.net 860-437-7247 |
| <u>December</u> 2021 | | | | | | |
| 5 | 5.1 MI | 11:00 AM | PEARL HARBOR MASTER'S | WATERFORD, CT | KERRY SULLIVAN | ksullivan@waterfordct.org 860-444-5881 |