

Fun Runs, Training Runs, Summer Fun Runs!

There are many ways to run and/or train with others in a more or less organized setting. Mostly the organization consists of starting at about the same time. The venues vary. Some venues are restaurants where runners can socialize and brag, complain or endlessly discuss their runs and running while sharing a meal or beverage. Others are tracks, parks and beaches followed by a "Bring Your Own" or "Where are we Going Tonight?" ending.

Most of these runs are informal, no signup, no registration. Just show up and run. Generally, there is no point of contact. The restaurant staffs are not the organizers and probably can't answer questions about the fun runs. The beaches and parks are even less informed. The best way to get information is from other runners. Build your running contact list. The contact information provided here is another avenue.

This list is sort of fluid. Please email pete@snerro.com with additions, changes or corrections.

Bold entries have been verified for 2022

Monday **Monk Run, Jealous Monk, Mystic Village, 27 Coogan Blvd, 5:30 PM**
(860-536-8175; info@kelleyspacemystic.com)

Tuesday **Harp and Hound, 4 Street, Mystic, 5:30 PM**
Lyme Tavern, 229 W. Main Street, Niantic, 5:30 PM
East Lyme High School Track, 6:00 PM (860-444-0430)

Wednesday **Black Sheep, 247 Main Street, Niantic, 5:30 PM**
Billy Wilson's, 57 Broadway, Norwich, 6:00 PM

Thursday **Sneekers, 568 Poquonnock Road, Groton, 5:30 PM**
Brazen Hen, 4 Canal Street, Westerly, 5:30 PM

Saturday **Kelley's Place Shop Run, Mystic Village, 27 Coogan Blvd (15C), 8:00 AM**
(860-536-8175; info@kelleyspacemystic.com)

Seasonal runs

Monday **Franklin Fun Run – Giddings Park, Kids @ 6:15 PM, 5K @ 7:00. 860-642-4280**

Wednesday **Misquamicut Beach, Westerly, 6:00 PM (Kids 5:30 PM) June 2 – August 4**

Thursday **Norwich Summer Fun Runs, Mohegan Park, Norwich, 6:00 PM**
July and August (860-823-3791)

Friday **Jogger Joe, Esker Point Beach, Groton Long Point, 6:00 PM. May and June**
Bluff Point Fun Runs, Bluff Point State Park 6:00 PM. Friday July –
August